



Make an appointment with one of our **Gambling Help** counsellors.

Everyone deserves to get their life back, including you. And we're here to help.



Free Gambling Help for people of all backgrounds.

If you speak **English**, call **1800 858 858** to make a face-to-face appointment near you, or visit www.gamblinghelp.nsw.gov.au to find and meet your nearest Gambling Help counsellor.

Aboriginal
Call **1800 752 948**

Chinese (Mandarin and Cantonese)
North Parramatta: Call **1800 856 800**
Hornsby: Call **02 9477 9567**

Vietnamese
Vietnamese Community in Australia
Bankstown: Call **02 9790 3934**
Cabramatta: Call **02 9727 5599**

Arabic
Arab Council Australia
Bankstown: Call **02 9709 4333**
Arncliffe: Call **02 9503 9900**
Auburn: Call **02 9649 2063**

Italian
Co-As-It
Leichhardt: Call **02 9564 0744**

Multicultural help in more than 40 languages:
You can talk to them by phone or arrange to meet with a counsellor who speaks your language.
Call **1800 856 800**

Free Legal Service
Call **02 9263 5577**

gambling HELP

PHONE • FACE TO FACE • ONLINE

1800 858 858

www.gamblinghelp.nsw.gov.au

Funding for this flyer has been provided by the NSW Government through the Responsible Gambling Fund.

Break free from debt

See a Gambling Help counsellor and ...

- Keep your freedom
- Manage money better
- Fix your finances
- Deal with debt

We're here to help.

Pre-release brochure

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About Gambling Help

Gambling Help is non-judgmental, free, proven to work and available everywhere in NSW.

What we can offer

Gambling Help services are not just about 'talking'. They provide real, practical help to get your life back, such as:

- Face to face counsellors throughout the state who can help you break the habit and exclude yourself from betting venues
- Financial counsellors who can help get your money issues in order
- Help by phone **1800 858 858** or online 24/7 **www.gamblinghelp.nsw.gov.au**
- People who can help you if you speak a language other than English
- An online community of others recovering from gambling problems, where you can share your story and get a few ideas
- Lots of self-help tools

'OK, so maybe gambling has done you some damage, but that's all in the past. We've seen and helped thousands of people, and we're ready to help you.'

- Pete, Gambling Help Counsellor

Phone
1800 858 858
anytime day or night.

You deserve to get the professional help you need, and it's free.

Contact your local Gambling Help service: